

# Maranatha

ADULTS 55+ MINISTRY

June 19, 2020

## COMMUNICATION #13

Hello to our Maranatha family from Gordon & Joy,

This month our focus is on the spiritual practice of faith. God uses our faith to accomplish his good purposes. "Now faith is being sure of what we hope for and certain of what we do not see." Hebrews 11:1.

### STORIES OF FAITH FROM SCRIPTURE:

Moses was born to a Hebrew family, but because the Jews were growing in numbers and strength, the Pharaoh of Egypt ordered that all their male babies be killed. Moses was spared this fate because his mother hid him for three months. But when she could hide him no longer, she got a papyrus basket, and coated it with tar and pitch. Then she placed the child in it and put it among the reeds along the bank of the River Nile. We all know this story, and what a creative endeavor on her part! What a woman of **faith!** She was sure of what she hoped for, and certain of what she could not see. She was sure that God had given this child to her and that he was a special child. She knew he had a future designed by God.

Moses grew up in the palace among Pharaoh's family. As he grew he learned of his own family's plight as slaves. Moses chose to renounce his royal family and assist his Hebrew family. He was banished from Pharaoh's kingdom. "By **faith** Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter." God later called him back to Egypt to lead the Israelites from slavery into the land promised to Abraham's family.

Moses did not see himself as the man God could use to take on such a huge task. However, by faith, he led the Israelites as God desired.

As followers of Christ we believe Jesus died for our sins, was buried, rose from the dead, ascended into heaven and will one day return to earth. We believe he is with us today by his indwelling Holy Spirit. We believe he will never leave us or forsake us. We believe he will one day take us to be with him in glory, where he has prepared a heavenly home for us.

We are certain of these things. We are confident of the blessed hope that awaits us. We are people of **faith** - just like Moses and his mother before him.

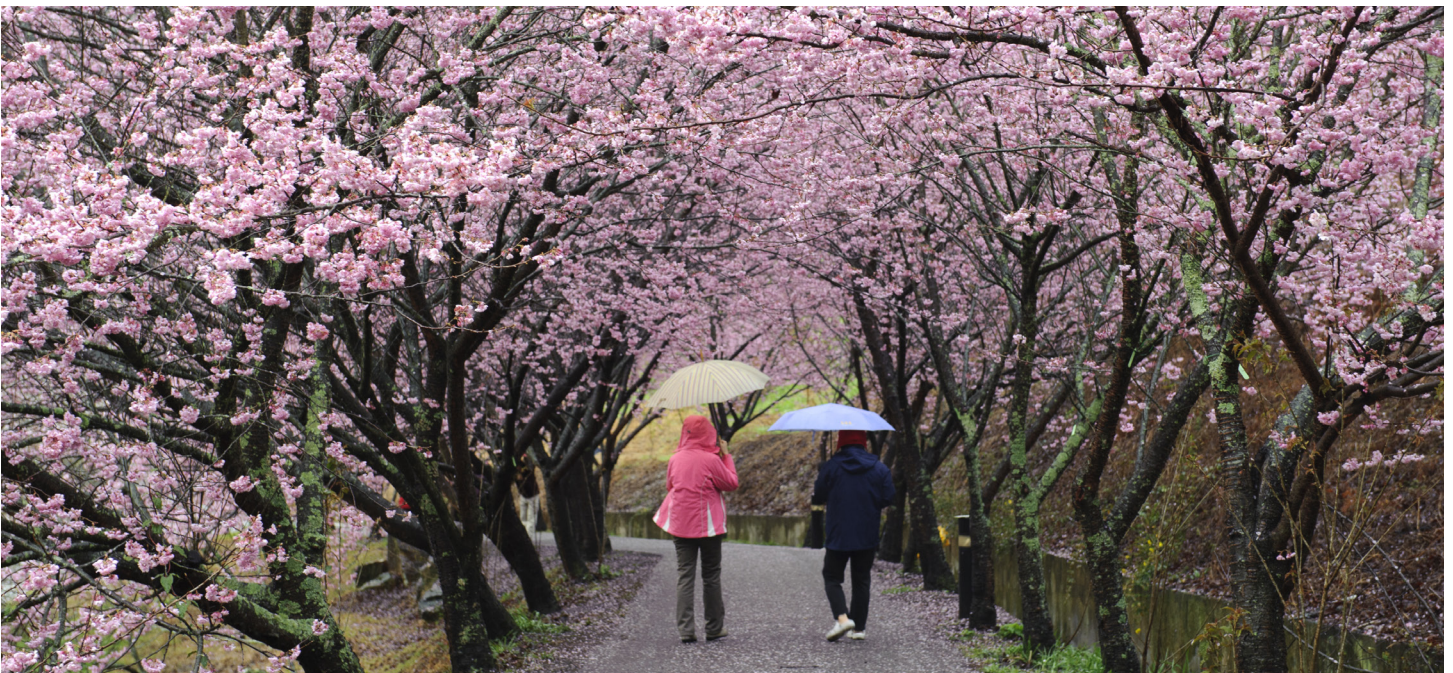


## PANDEMIC QUIZ TIME:

This quiz is a great opportunity to learn more about Canada, the Old Testament and the New Testament. Keep at it, folks!

1. What is the significance of the discovery of insulin by Canadians Sir Frederick Banting and Charles Best?
2. What provinces are referred to as the Atlantic Provinces?
3. What is the significance of the Remembrance Day poppy?
4. How did God guide the Israelites by day through the desert from Egypt?
5. What caused Jacob to say, "Surely the Lord is in this place and I knew it not?"
6. What did the births of Samuel and Isaac have in common?
7. By faith, what did Moses' parents do? (Hebrews 11)
8. Why didn't Jesus do many miracles in his hometown?
9. By faith, Moses, when he had grown up, refused to be known as the son of whom? (Hebrews 11)
10. Which country has recently declared itself COVID-19 free?

(1-It has saved millions of lives around the world; 1-Newfoundland/Labrador, Prince Edward Island, Nova Scotia, New Brunswick; 3-To remember the sacrifice of Canadians who have served or died in wars up to the present day; 4-The Lord went before them in a pillar of a cloud; 5-His dream of a ladder to heaven; 6-Both were born of a previously barren woman; 7-Hid him for three months; 8-Because of their lack of faith; 9-Pharaoh's daughter; 10-New Zealand)



## **FAMILY FAVORITE RECIPES:**

Several folks have mentioned that they would like some recipes for one or two people. Following are recipes for an entire meal for one or two people. No excuses now. Anyone can do this! Here they are:

### **DOREEN STAROZIK'S VERY, VERY EASY SALAD**

#### **DRESSING:**

1 TBSP. Olive Oil

1 TBSP. Lemon Juice

1 ½ TBSP. Maple Syrup or liquid honey

Mix together and drizzle over fresh green salad vegetables.

Store in small container in fridge.

Could anything be easier and more delicious?

### **SPECIAL MEATLOAF FOR TWO:**

½ lb. lean ground beef

2 tbsp. milk

1 egg (beaten in separate bowl)

¼ cup dried bread crumbs

1 tbsp. chopped onion or ½ tsp onion salt

½ tsp. Worchester Sauce

2 tbsp. catsup

salt and pepper (to taste)

½ tsp. Thyme (optional)

Mix all ingredients together. Shape and pack into a small loaf pan or casserole dish. Bake for 30 minutes in a 350 F oven.

### **SIR-FRY VEGETABLES FOR TWO:**

2 tsp. oil

1 small carrot, sliced thinly

1/2 cup fresh green beans, sliced diagonally (or use broccoli, cauliflower, zucchini)

½ stalk celery, sliced diagonally thinly

pinch of salt and pepper

few drops lemon juice

Heat oil in heavy skillet on high heat. Add carrots and vegetable of choice. Stir vegetables constantly for a minute or two. Add celery and two to three tablespoons of water. Cover and steam a few minutes, until vegetables are tender-crisp. Season with salt, pepper & lemon juice.

### **BAKED POTATO:**

Baking is the very best way to serve potatoes. Most of the vitamin C is saved if they are baked. Do not peel; scrub the potatoes, prick with a fork and bake in over for about 1 hour at 350 degrees. You do not need to wrap in foil. Serve with butter, sour cream, or onions and crumbled bacon on top.

### **FRUIT CRISP FOR ONE:**

¼ cup clean and cut up fruit, ie apple, peach, rhubarb

1 tbsp. white sugar

¼ tsp. enriched flour

1 ½ tsp. melted margarine or butter

1 tbsp brown sugar

1 ½ tsp. flour

¼ cup rolled oats

¼ cinnamon

Place fruit in small greased baking pan, sprinkle with mixture of 1 TBSP. sugar and ¼ tsp. flour. Next melt margarine and combine brown sugar and second amount of flour, rolled oats and cinnamon. Sprinkle mixture on top of fruit and bake at 350 degrees until golden brown. Add a dollop of whipped cream or ice cream. Serve warm and enjoy! Double recipe for another meal or enjoy with a friend!

### **EASY CORN CHOWDER:**

1 medium potato, peeled and cubed

¼ cup chopped onion

1 cup water

1 can creamed corn

1 cup milk

salt & pepper to taste

Cook potato and onion until tender in a water. Do not drain. Add corn and milk. Heat, season and serve.

## **JULY 29 - PANDEMIC DRIVE-THROUGH**

If you are able to travel around the city in your vehicle, we would like to invite you to drop by our Centre Street Church parking lot on Wednesday, July 29 between 10:30 – 12 noon. Our leadership team will be there to greet you, and hand out some special items. Some of these may include Our Daily Bread, a face mask, an encouraging note, and who knows what else?? You can also drop off any written prayer requests and your tithes and offerings if you wish.

This will be a directed drive-through and you must stay in your vehicle. We will all observe social distancing. Our brief conversation will be through the vehicle window. The leadership team members will wear a mask and gloves.

Information as to exact location in the parking lot will be forthcoming, but you should be able to locate the team as there will be balloons flying and a little tent and a few enthusiastic folks milling about. We miss you all and would love to see you again soon!

## **NEED HELP? YOU ARE NOT ALONE?**

How are you navigating the world of pandemic? We are here for you! Compassionate Ministries at CSC is prepared to help seniors during this challenging time. Please contact the main church phone number at **403-293-3900** and ask for Compassionate Ministries or email [compassion@cschurch.ca](mailto:compassion@cschurch.ca).

Remember, you are not alone! You can email your prayer requests to our emails noted below, or you can contact Jodi Woelke at the church office by phone. Our Maranatha Leadership team will be praying for you!

## **UNTIL WE MEET AGAIN, BLESSINGS IN CHRIST!**

Gordon & Joy Dirks, Coordinators, Maranatha Adults

Gordon: [gedirks@shaw.ca](mailto:gedirks@shaw.ca); Joy: [ejoydirks@shaw.ca](mailto:ejoydirks@shaw.ca)

Jodi Woelke, Admin. Assistant: [jodi.woelke@cschurch.ca](mailto:jodi.woelke@cschurch.ca) **403-520-2683**

Centre Street Church main number: **403-293-3900**

