



COMMUNITY CONNECTIONS

Intentional Learning

Spiritual Development

Building Connections

What is Community Connections?

Community Connections provides opportunities for individuals with developmental disabilities and brain injuries to come together to:

- 1) Learn who Jesus is and how He loves each of us.
- 2) Have an opportunity to use our gifts and develop new skills.
- 3) Build community and connection across agencies, family-managed supports and church members.

We all have a need to be part of a close-knit community, a place to belong, grow, laugh and serve with others as we learn to love God, love each other, and share God's love as well. Fellowship means to be friends with people who share the same interests as you.

What is new?

- We have 3 new activities that we would like to introduce:
 - Workout Community Group on Mondays!
 - Horticulture and Art group on Tuesdays!
 - Card Making Community Group on the 2nd and 4th Thursdays!

Important Details

- Community Connections runs Monday-Thursdays with specific days and times for each activity.
- Groups will be smaller to encourage meaningful connections as well as to be sensitive to COVID concerns.
- All COVID guidelines and policies will be followed to ensure the safety of all participants and volunteers.

What are the requirements?

- Registration is required. Find the link below.
- Individuals must come with a support worker.
- Signing in and out will be required for safety and COVID protocols.

What kind of activities are being offered?

Below is a list of activities and their descriptions, as well as days and times offered.

NEW ACTIVITIES

Workout Community Group (Mondays, 10:30AM-12:00PM, *Bridgeland Campus)

We are a group of adults who want to have a healthy lifestyle; we want to build our physical and spiritual muscles together as a community. We want to work out our bodies, work out our faith and work out the plans God has for us to use the gifts and talents He has given us.

Horticulture and Art Community Group (Tues, 1:00PM-2:30PM)

This opportunity brings friends together to experience nature by hands-on experiences with gardening and the beauty of God's creation year-round. No experience necessary, everyone is welcome to share this activity.

Cards of Encouragement Community Group (2nd and 4th Thursdays, 10:00AM-11:30AM)

Who likes to get together to be creative and be an encouragement to others? This is the group for you. We meet the 2nd and 4th Thursday morning of the month to make cards that will be used to encourage ministries and groups within Centre Street Church and the Special Needs Ministry community. No experience is necessary. All materials and instructions are provided.

CONTINUING ACTIVITIES

Bible Study Community Group (Wed, 10:00AM-11:00AM)

Let's join together for a time of learning about Jesus and how to grow in a relationship with Him through small group time of prayer, Bible study and fun with friends.

Wednesday Zoom Community Group (Wed, 10:00AM-11:00AM)

With a similar instruction and format as the Bible Study Community Group, this group meets online for a time of learning about Jesus and how to grow in a relationship with Him through studying the Bible together and through being together with friends.

Connections Knitting Group (1st and 3rd Wed of the month, 1:00PM-2:30PM)

We want to build friendships and mentor relationships between adults who are part of Community Connections and mature Christian people in the church, through afternoons of knitting and socialization. So, whether you are new or

How do I register?

- 1) Follow this link to our Google Form to register. [Click Here](#).
- 2) After you have registered, you will be contacted by Special Needs Ministry staff to confirm your spot.
- 3) Registering does not guarantee a spot.

Location, Dates and Times:

- Times of activities are unique to each activity and you will receive that information in a follow up email.
- All activities will take place at Centre Street Church-Central Campus (3900 2nd St NE, Calgary)*
- *Workout Community Group will take place at Bridgeland Campus (235 8a St NE, Calgary)

seasoned in knitting, all are welcome. This group meets the 1st and 3rd Wednesday of the month and has a \$15 fee for supplies.

Music Fellowship (Tues, 10:30AM-11:30AM)

Come and enjoy a fun-filled relaxing time with music. You will listen, sing and play musical instruments to a variety of favourite hymns and worship songs. There is also opportunity to play chimes (a musical instrument) to pre-recorded music. No experience necessary.

We Serve Community Group (Tues & Wed, 9AM-11:30AM)

There are opportunities for participants who are part of Community Connections to volunteer at the church and complete tasks such as cleaning the Worship Centre, cleaning toys, shredding, cleaning glass, etc.

Contact Information

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