



Zoom & In Person Community Group Lessons – March 30 & April 3, 2022

Communion

Main Point

- Communion is a special time to remember that Jesus gave up his life because he loves us. As a result we are now able to have a relationship with God and receive eternal life in Christ because our sins are paid for.

Scripture

- 1 Corinthians 11:23-26
 - During the first communion celebration, Jesus took bread and gave thanks for it. Then he broke the bread and said, “This is my body; it is for you. Do this to remember me.” In the same way after they ate, Jesus took the cup saying, “This cup shows the new agreement from God to his people. This new agreement begins with the blood of my death. When you drink this, do it to remember me.” Every time you eat this bread and drink this cup, you show others about the Lord’s death until he comes.

Prayer Time

- Spend a couple of minutes in praise and prayer to God.

Praise and Worship

- Come to the Table - Sidewalk Prophets
<https://www.youtube.com/watch?v=DXXxLwxfo0U>
- How Deep the Father’s Love for Us - Stewart Townsend
<https://www.youtube.com/watch?v=tzQj7XvKFmA>
- Nothing but the Blood – Hillsong UNITED
https://www.youtube.com/watch?v=ei_c2yIUY6U

Review of Last Week

- We have spent the past couple of months looking at the Fruit of the Spirit and learning about each one so God can grow the fruit of the Spirit, these great qualities, in our lives.
- This past week, we were to think about one of the fruit of the Spirit and how we could show that in our lives. As a reminder, they are:
 - Love
 - Joy
 - Peace
 - Patience
 - Kindness
 - Goodness
 - Faithfulness
 - Gentleness
 - Self-Control

Lesson

What is Communion?

- Communion is a celebration that started at the last supper of Jesus
 - The Bible says: "Then Jesus went into Jerusalem. The city was filled with excitement. It was almost time for the Jewish Passover Feast." Jesus knew that it was time for him to leave this world and go back to the Father. Jesus and his followers were at the evening meal.
 - "During the meal Jesus stood up and took off his outer clothing. Taking a towel, he wrapped it around his waist. Then he poured water into a bowl and began to wash the followers' feet. He dried them with the towel wrapped around him. Jesus went to Simon Peter but Peter said, "Lord, are you going to wash my feet?" Jesus answered, "You don't understand what I am doing now. But you will understand later. I, your Lord and Teacher, have washed your feet. So you also should wash each other's feet. I did this as an example for you. So you should do as I have done for you." John 13:10, 14-15
- The first Communion was celebrated during a special holiday called the Passover
 - The Passover is a holiday where all the Jewish people celebrate the time when the Lord delivered the people of Israel from slavery in Egypt. The Lord told them to celebrate this holiday and remember that he delivered them.
- Communion is a celebration where followers of Jesus remember him
 - Jesus introduced the first communion to his followers on the evening before he was arrested and put on the cross. Communion is a special time to remember that Jesus gave up his life because he loves you. Because of him, you too can live. When people join God's family by inviting Jesus into their life, God considers their sins paid for by the death of Jesus on the cross. Communion celebrations are a reminder of the past, present and future ministry of Christ.
 - "Christ had no sin. But God made him become sin. God did this for us so that in Christ we could become right with God." 2 Corinthians 5:21

What happens at Communion?

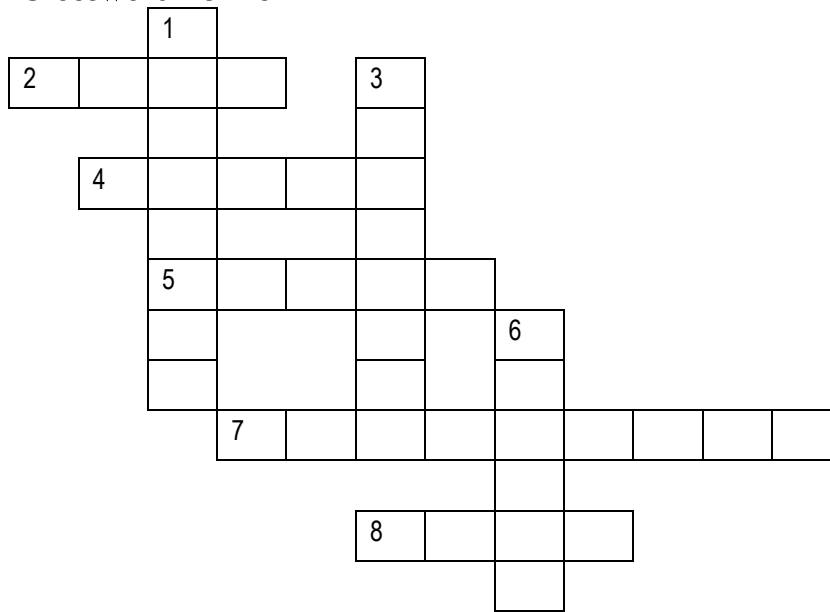
- Communion is for the members of God's family
 - You become a member of God's family by inviting Jesus into your life and becoming a Christian
- Christians show they need the help of Jesus every day when they celebrate Communion
 - Jesus helps you do what is right because you are a member of God's family. When you do what is wrong, ask Jesus to help you. He will clean you on the inside, forgive your sins and help you do what is right because he loves you.
- Celebrating Communion is a reminder that Jesus cleans us on the inside

- Jesus broke bread and gave it to the apostles. Then he said, "This bread is my body that I am giving for you. Do this to remember me." Then after supper Jesus took the cup and said, "This wine is my blood which is poured out for you."
- Jesus said, "Do this to remember me." 1 Corinthians 11:24
- Christians think about how wonderful heaven is when they celebrate communion.
 - Jesus told his followers about heaven during supper at the first communion and that he would not celebrate with them again "until it is given its true meaning in the kingdom of God." Luke 22:16
- Christians thank Jesus for making them members of God's family when they celebrate Communion.

Live it out Challenge

- This week, find a worship song and listen to it a few times this week. Share the worship song you listened to with your group or the class.

Crossword Puzzle



BLOOD
BODY
CHRISTIAN
FEET
INSIDE
JESUS
PASSOVER
REMEMBER

Across

2. JESUS WASHED WHAT AS AN EXAMPLE FOR US TO FOLLOW?
4. COMMUNION IS A CELEBRATION WHERE FOLLOWERS REMEMBER WHO?
5. WE BELIEVE THE WINE BECOMES JESUS' _____.
7. WE RECEIVE ETERNAL LIFE BY BECOMING A _____.
8. WE BELIEVE THE BREAD BECOMES JESUS' _____.

Down

1. IN 1 COR. 11:24, JESUS SAID, "DO THIS TO _____ ME."
3. FIRST COMMUNION WAS CELEBRATED DURING WHAT?
6. BY CELEBRATING COMMUNION, WE ARE CLEANED ON THE _____.

