



Zoom & In Person Community Group Lessons – May 4 & 8, 2022

Armor of God – Introduction

Main Point

- Satan hates God and wants us to hate God too, so he tries to get us to turn against God by getting us to sin. God loves us and gives us the tools (the armor of God) we need to fight against Satan and win against sin.

Scripture

- Ephesians 6:11-17
 - Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore, put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.
- Psalm 121:1-2
 - I lift up my eyes to the mountains—where does my help come from? My help comes from the LORD, the Maker of heaven and earth.

Prayer Time

- Spend a couple of minutes in praise and prayer to God.

Praise and Worship

- See a Victory – Elevation Worship
<https://www.youtube.com/watch?v=YNd-PbVhmvA>
- How Great is Our God – Chris Tomlin
<https://www.youtube.com/watch?v=KBD18rsVJHk>

Memory Verse

- Ephesians 6:11
 - Put on the whole armor of God that you may be able to stand against the schemes of the devil.

Review of Last Week

- Last week, we learned about the joy of living for Jesus for He is always with us! and how we can do that to tell others about the Good News – about Jesus
- Also, what was one thing that you said about Jesus, to someone who didn't know Jesus? Or how did you show that person the love of Jesus this past week?

Lesson

- Thinking about a movie with a superhero and a villain. There are lots out there. I am sure each of us has a favourite. Who was the good guy? Who was the bad guy? Of course, we know that the good guy is the hero and the bad guy is the enemy.
- Did you know that we have an enemy in real life? In real life, our enemy is Satan.
- If our enemy is Satan, who is our hero? Our hero is God, Jesus. Satan hates God and is always fighting him and trying to ruin things, just like the bad guys in movies.
- God and Satan are at war. Do you know what they are fighting for? They are fighting for us! Satan hates God and wants us to hate God too. God wants us to choose Him so that we can spend eternal life with Him in heaven.
- Satan tries to get us to turn away from God by tempting us to sin. But God doesn't want that! He loves us and wants us to be with Him. If we love God and want to be with Him too, then we are in a fight, too against sin - because sin takes us away from God.
- Does it sound scary to be in a war?
- But we don't have to worry, because God is on our side and He is fighting for us!
- Let's read Psalm 121:1-2:
 - I lift up my eyes to the mountains—where does my help come from? My help comes from the LORD, the Maker of heaven and earth.
- All we have to do is trust that God is in control. When we turn to Jesus and ask for forgiveness from the things that we have done wrong, we can begin to win against sin.
- Say this out loud: "With Jesus, I can win against sin!"

- Since God is our Protector, He has given us something very special to protect us. The Bible tells us to **put on the armor of God**. Do you know what the armor of God is? Well, take a look at the picture at the end of this lesson.
- Why do they wear all that armor? That's right, it keeps them from getting hurt when they are attacked by their enemies
- The armor of God will protect us when we are tempted to sin.
- Let's read Ephesians 6:11 together now:
 - Put on the whole armor of God that you may be able to stand against the schemes of the devil.
- Read the scripture section at the top of this lesson plan (Ephesians 6:11-17) and then in the picture below, see how many pieces of the armor you can remember and draw & label.

Application & Group Discussion

- Why do we need spiritual armor? *(To stand against the evil of the devil)*
- What is it we fight against? *(Against the devil and the evil he has around him)*
- Should we be afraid of this battle? *(No, God will help us stand against evil. The powers of darkness will be defeated by God)*
- How does God help us in the battle against evil? *(He gives us the weapons and armor we need to stand strong)*
- Why is it important that we that we put on our spiritual armor every day? *(Without it we will be weak and easily defeated)*
- How can we use each piece of spiritual armor at home? At school? At work? At church?

Live it out Challenge

- This week, review the Bible verse once a day to help protect us.
 - Ephesians 6:11 "Put on the whole armor of God that you may be able to stand against the schemes of the devil."

Additional Learning

- Below is a word search puzzle and a colouring page. Enjoy as you reflect on what you just read about the armor of God and how it can protect us!

Match the armor pieces to the correct places on the boy's body.

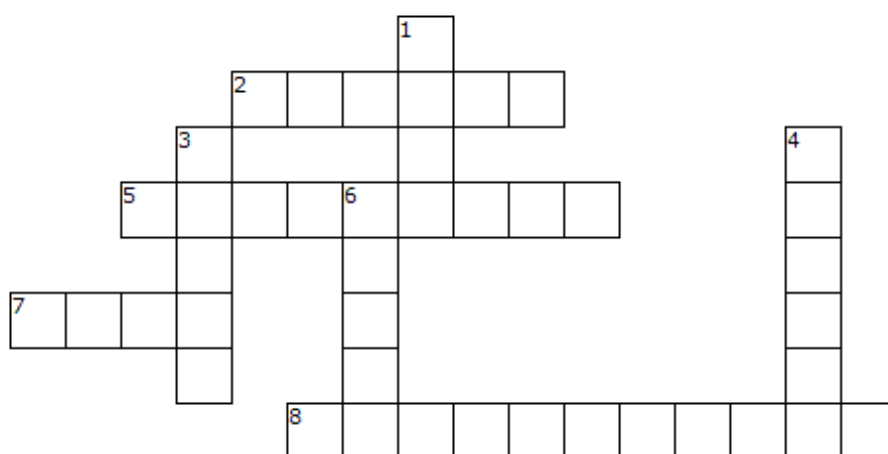


“Put on the whole armor of God, so that you can stand strong against the devil’s plans.”

The Armor of God

Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Ephesians 6:13

Based on Ephesians 6:13-17



ACROSS

2. A piece of metal carried to protect the front of the body
5. To deliver from the penalty of sin
7. A flexible band of leather or cloth, worn around the waist
8. A piece of armor that covers the breast

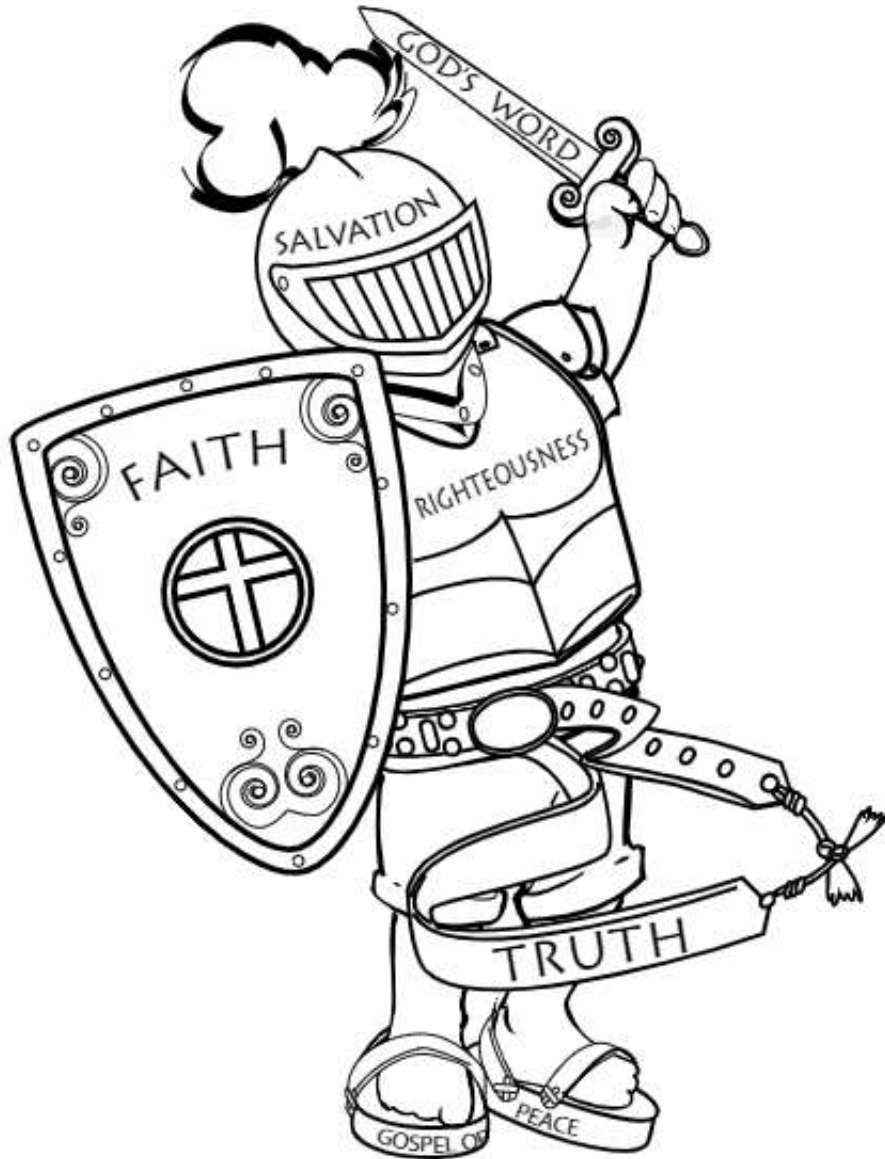
DOWN

1. The body parts at the end of the legs
3. Trust or confidence in God
4. A hard hat that covers and protects the head
6. A covering of metal, wood, or leather, worn to protect the body against weapons

FAITH	HELMET	BREASTPLATE	ARMOR
SHIELD	BELT	SALVATION	FEET

Colouring Page

The Armor of God



Ephesians 6:13-17