



Zoom & In Person Community Group Lessons – June 8 & 12, 2022

Armor of God – The Helmet of Salvation

Main Point

- The fifth piece of armor is the helmet of salvation. As the helmet protects the head, our hope in salvation protects our minds from Satan's lies. We have to think about and be confident in the hope Jesus gives us.

Scripture

- Ephesians 6:17
 - Take the helmet of salvation and the sword of the Spirit, which is the word of God.
- Luke 19:1-10
 - Paraphrased below

Prayer Time

- Spend a couple of minutes in praise and prayer to God.

Praise and Worship

- Salvation is Here – Hillsong Worship
<https://www.youtube.com/watch?v=dZa8yiLy8P0>
- Resurrection Power – Chris Tomlin
<https://www.youtube.com/watch?v=AxH8Q8ue65o>

Memory Verse

- Ephesians 6:11
 - "Put on the whole armor of God, that you may be able to stand against the schemes of the devil."

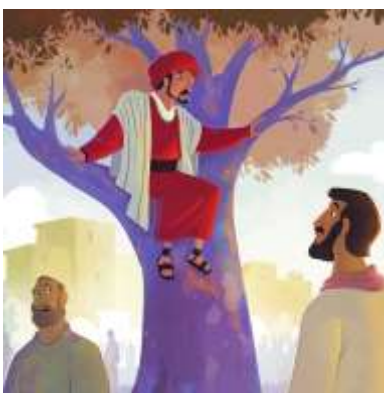
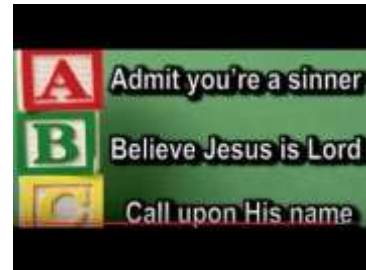
Review of Last Week

- Last week, we learned about the Shield of Faith – this shield moves to cover our doubts and struggles; the more faith we have, the less likely we are to be hurt when Satan attacks.
- The shield of faith is not only our faithfulness to God, but it is also God's faithfulness to us. Remember God's promise of faithfulness to Abraham and Sarah?
- Last week, what verse did you take with you as your promise? Did it help you have faith this week? Share with someone in your house, during the Zoom or in person class.

Lesson



- Today we are learning about the helmet of salvation. How many of you ride a bicycle, scooter, skateboard, etc.? Do you wear your helmet when you do these things? Why? You must wear a helmet, so you don't hurt your head. That's why soldiers wear helmets too.
- As we have been learning, we are in a spiritual battle against the devil, and God has given us armor to protect ourselves. One of the most important body parts is the head, and one of the most important pieces of spiritual armor is the helmet of salvation.
- Who can explain to me what salvation is? *Salvation is when Jesus comes in our lives and takes away our sins. He saves us from an eternity in hell. Salvation is the greatest gift we could ever receive because it took Jesus Christ dying on the cross for us to get to Heaven.*
- Being saved means our thinking changes. And the great thing is that when we are saved and decide to live for God, we start to think differently too. Instead of making decisions for ourselves all the time, we should ask God to help us make the right decisions. We start to think more about what God wants rather than what we want.
- God is so Holy that He can't be in the presence of sin. All it takes is one little sin and then we deserve to be in Hell. Jesus is the only way to get to Heaven. All we have to do is ACCEPT that we are sinners, BELIEVE Jesus Christ died for our sins, and CONFESS our sins to Him, then we get to spend eternity with God! Remember that from a few weeks ago?
- I want to share a salvation story from the Bible, found in Luke 19:1-10



- Zacchaeus is described as a chief tax collector who had lots of money. Yet he was still not happy with his important job, the power, and money. Zacchaeus had the world, but still needed Jesus—he was a seeker on a spiritual journey.
- Jesus entered Jericho and was passing through. A man was there by the name of Zacchaeus; he was a chief tax collector and was wealthy. He wanted to see who Jesus was, but being a short man, he could not, because of the crowd. So he ran ahead and climbed a sycamore-fig tree to see him, since Jesus was coming that way.

- When Jesus reached the spot, he looked up and said to him, "Zacchaeus, come down immediately. I must stay at your house today." So he came down at once and welcomed him gladly.
- All the people saw this and began to mutter, "He has gone to be the guest of a 'sinner.'" But Zacchaeus stood up and said to the Lord, "Look, Lord! Here and now I give half of my possessions to the poor, and if I have cheated anybody out of anything, I will pay back four times the amount."
- Jesus said to him, "Today salvation has come to this house, because this man, too, is a son of Abraham. For the Son of Man came to seek and to save what was lost
- Salvation is represented as a helmet because it protects our thinking. We are confident that we will spend forever in heaven because God has saved us through Jesus Christ. Sometimes when we sin, Satan tries to convince us that God will no longer love us and that we are no longer saved. When Satan tries to make us feel like we have lost, we need to remember that no matter what we do, after we put on the helmet of salvation, we are winners through Christ! Because with Jesus, we can WIN AGAINST SIN!

Application and Group Discussion

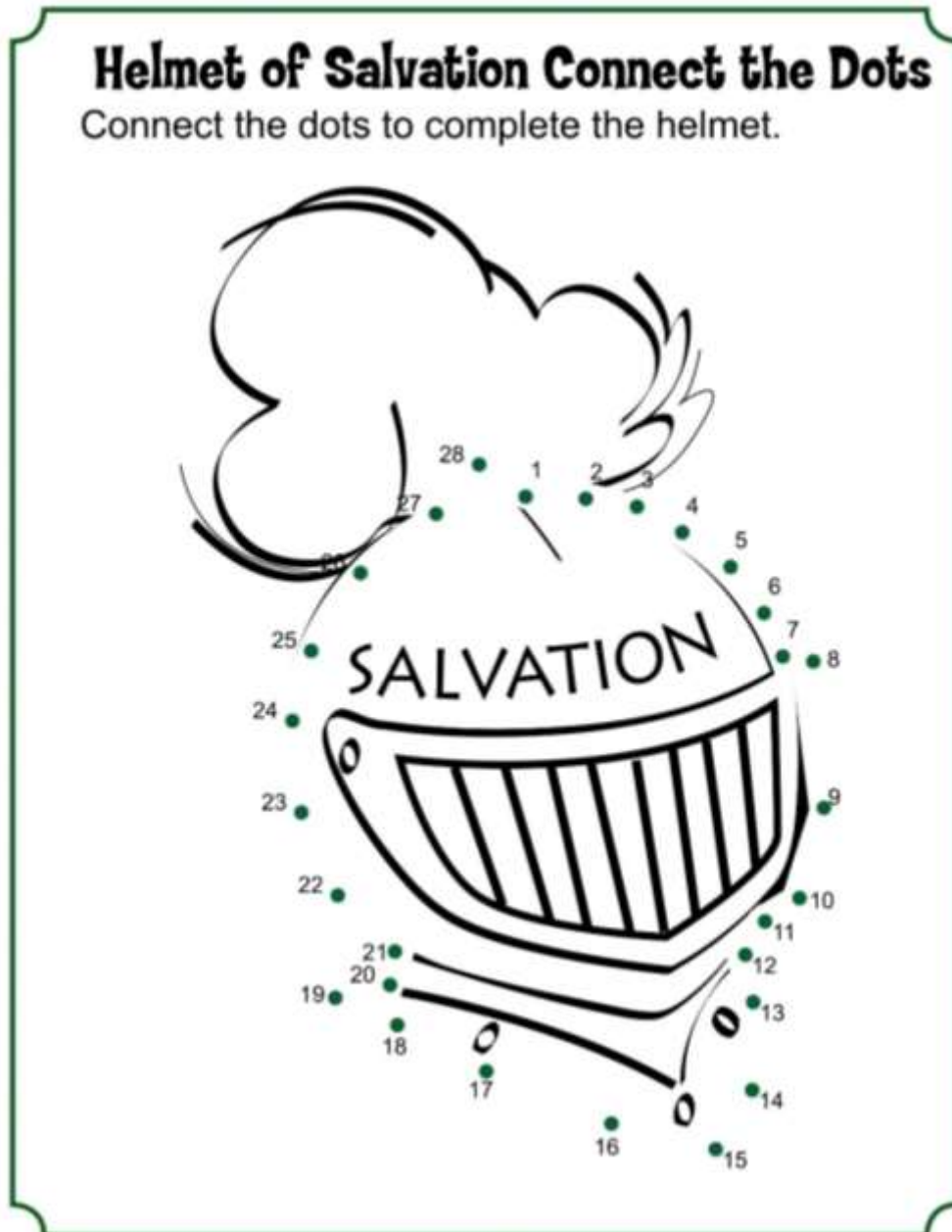
- How did the helmet protect a soldier? (*protects the soldier from attacks from the enemy and being hurt; protects the soldiers head and mind*)
- What is salvation? (*The truth that Jesus rescued us from sin*)
- Why did Jesus die on a cross? (*To be a sacrifice for our sins, so we can have a relationship with God forever*)
- What changes when we are saved? (*it changes the way we think*)
- What does satan want us to think? (*That we have to earn our way to heaven, that salvation isn't a free gift; that God doesn't love us if we sin*)
- Why should we tell others about what Jesus did? (*So they can have a relationship with God and go to heaven someday*)
- If we believe in Jesus & what He did, can anything separate us from God? (*No, God is always there and loves us*)
- What does satan make you think sometimes? How does he lie to you? (*that we aren't good enough for God to love us all the time*)
- Is satan always lying to us? (*Yes, he's the king of lies*)
- How can we help remember what Jesus did for us? (*Pray, read our Bibles, and thank Jesus for his sacrifice. We can also tell others about Him*)

Live it out Challenge

- **This week**, in your prayer time, if you have asked Jesus to be your forever friend and Savior, remember to thank God each day for being your forever friend and ask him to help you to obey Him. If you haven't asked Jesus to be your forever friend, do you want to? If so, talk to someone about that. Jesus wants to be your forever friend and savior too.

Additional Learning

- Below is a word puzzle and a colouring page. Enjoy as you reflect on what you just read about the Helmet of Salvation and rejoice that you are a child of God and that He is your forever friend and Saviour.

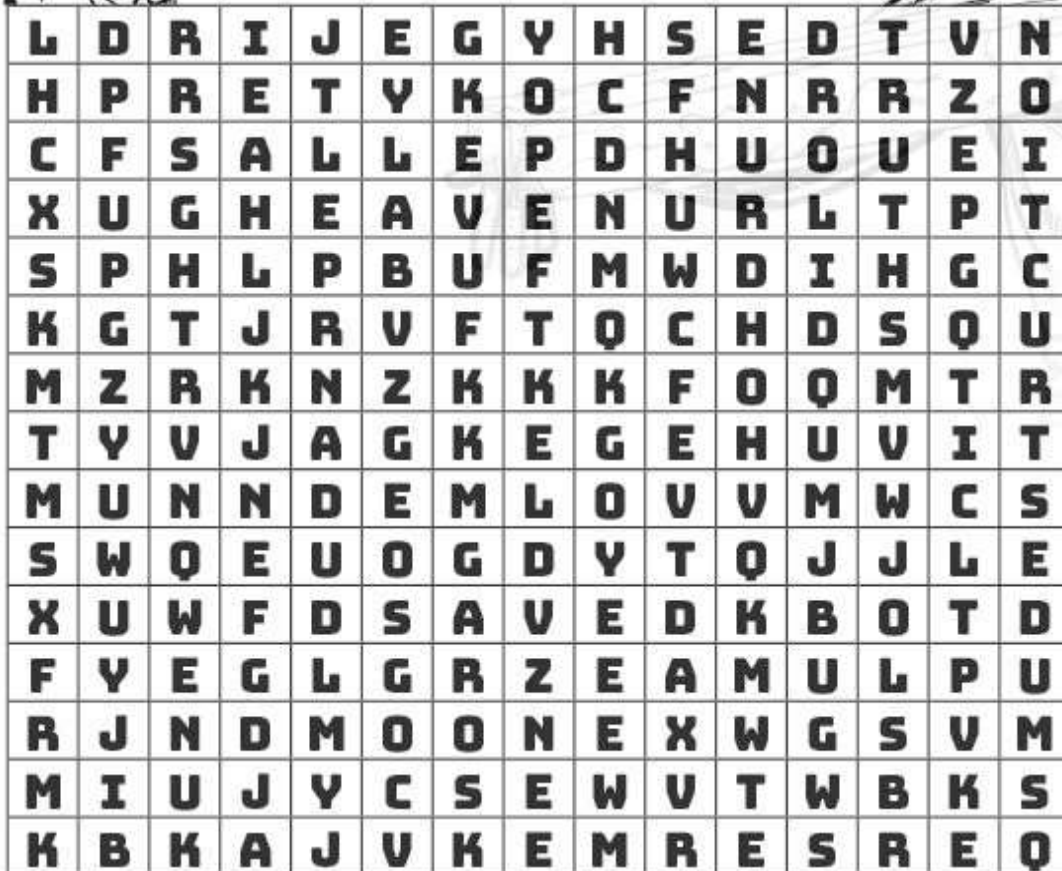




FOUNDATIONS OF FAITH: **SALVATION**



Discover the hidden words.



Word Bank

HEAVEN
TRUTH
JESUS
LOSE

ONE
CHRIST
SAVED
GOD

KINGDOM
DESTRUCTION
LORD
GATE

