



Zoom & In Person Community Group Lessons – June 26, 2022

Armor of God – Review

Main Point

- Now that we have put on all the armor of God, we have to learn how to fight this spiritual battle. We have to communicate with our Leader of the battle, Jesus Christ. We communicate with God through prayer. Prayer helps us fight and win the spiritual battle.

Scripture

- Ephesians 6:11-17
 - Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore, put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.
- Ephesians 6:18
 - And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.
- Watch this video about the story of the Armor of God
 - https://www.youtube.com/watch?v=o7eC-W_XNyw
- Philippians 4:6
 - Don't worry about anything; instead, pray about everything. Tell God what you need and thank Him for all He has done.
- Matthew 7:7
 - Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you.

Prayer Time

- Spend a couple of minutes in praise and prayer to God.

Praise and Worship

- Read Your Bible, Pray Every Day
<https://www.youtube.com/watch?v=PYRyJxs9CG4>
- Armor of God
<https://www.youtube.com/watch?v=PYRyJxs9CG4>

Bible Verse Memorization

- Ephesians 6:11
 - "Put on the whole armor of God, that you may be able to stand against the schemes of the devil."

Review of Last Week

- Last week, we learned about the sword of the Spirit. The Sword is the word of God, the Bible. This is not a piece of armor we put on and wear, but one we must keep sharp and use daily. We must be "expert swordsmen!"
- We do this by memorizing scripture; what scripture have you memorized? Share some with your friends at home or on Zoom.
- In fact, **last week**, did you memorize and recite Ephesians 6:11? Are there other verses you have memorized? Share them with the people at your table.

Lesson

- Over the past several weeks, we have discovered that we are at war with Satan. We have also learned that God has given us the tools we need to stand firm in this war. But we don't yet know exactly how to fight. We have all this armour on but what are we supposed to do with it?
- Raise your hand if you have ever played on a sports team.
- Now when you compete, does your coach let you go out and do whatever you want? No, your coach will give you instructions, a game plan. He will tell you what you need to do in order to win.
- Jesus does the same with us! Like any good soldier in charge will do for his troops, Christ has given us a battle plan. That plan is found in Ephesians 6:18, the very next verse of our Armour of God passage. "And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people."
- Can anybody guess what that battle plan is? -we fight through prayers!
- What is prayer? Prayer is talking to God. What are some things to pray for? The Bible tells us that it's okay to pray for everything.

- In Philippians 4:6 it says, "Don't worry about anything; instead, pray about everything. Tell God what you need and thank Him for all He has done."
- How do we pray? – we can pray however we want; we don't want to be distracted so we often bow our heads, fold our hands and close our eyes but we can pray however we feel most comfortable.
- We can pray for anything, at any time. Can you think of some things to pray for, and places to pray? How do you pray?
- We could make a list. It would include places to pray and things to pray for. Our list could cover topics such as friends, family, the church, missionaries, countries in need, those who are sick, the lost, personal needs, etc. Our list could also include random places to pray, like the shower, the drive thru line at McDonald's, in bed, on the bus. Remember, we can pray at any time about anything.
- But how do we know that God hears us? Let's read Matthew 7:7. It says, "Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you." God hears your prayers and answers them.
- So when the devil is tempting us to sin, all we need to do is pray and God will protect us and we can WIN AGAINST SIN!! This is how we use the armour of God to protect us against the devil's schemes.

Application and Group Discussion

- Let's go through the armor of God one more time.
 - **Belt** - Belt of Truth – one truth is that Jesus is always with me
 - **Breastplate** – Breastplate of Righteousness – making sure we are right with God by saying sorry to someone when I have hurt them, or including my friend in my activities
 - **Shoes** – Shoes of the Gospel of Peace – how to tell others about the peace we have in our hearts, about Jesus as our forever friend and Saviour
 - **Shield** – Shield of Faith – remember some Bible verses to remind us to have faith and not doubt that God is with us
 - **Helmet** – Helmet of Salvation – Jesus wants to be our forever friend and Saviour
 - **Sword** – Sword of the Spirit – use the Bible verses you know to fight against the devil's lies
 - **Prayer** – we can pray anywhere at any time to ask God to help us fight against the temptation to sin

Live it out Challenge

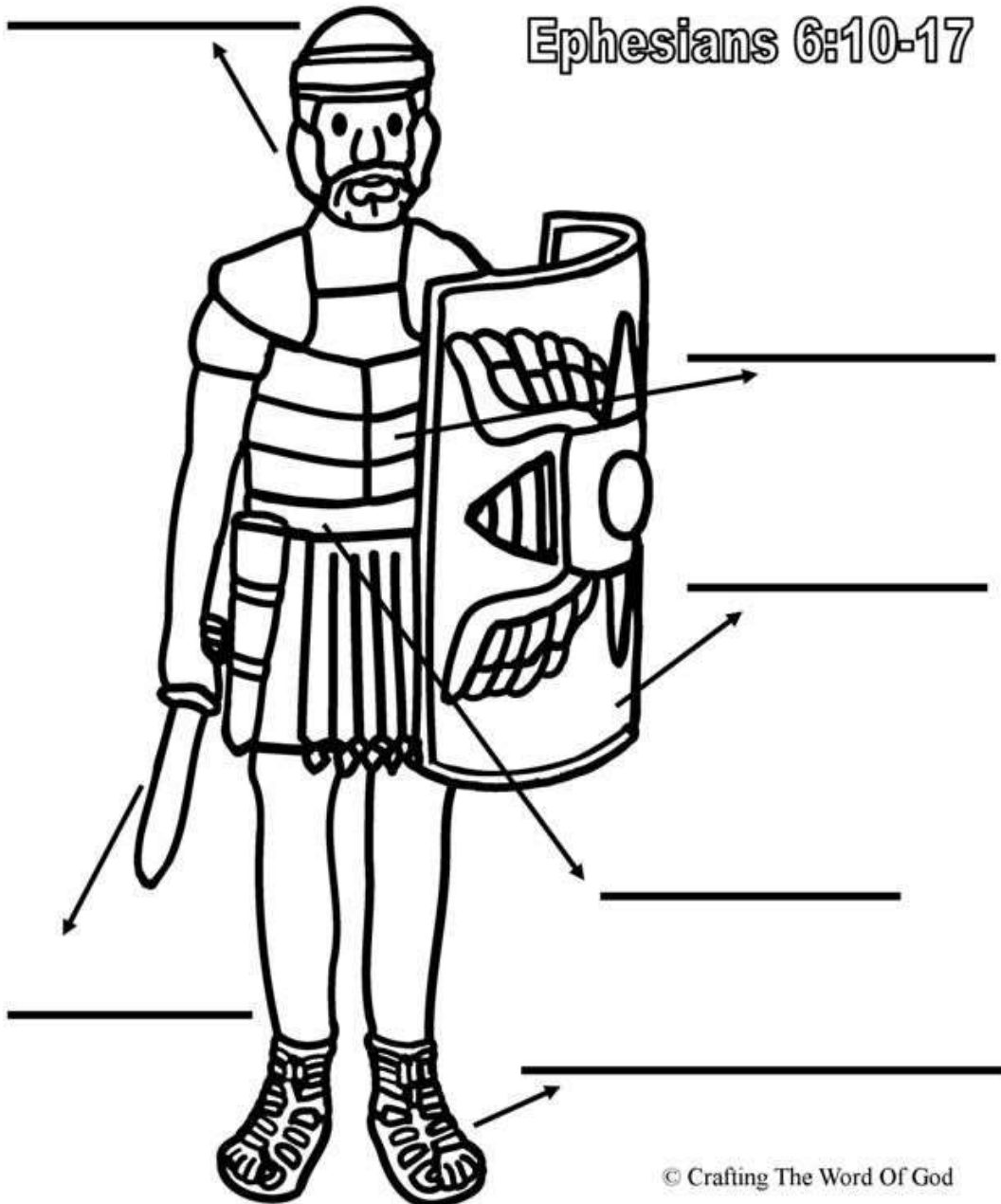
- This week, remember that God is with you; remember the different pieces of armor to remember God's many promises to us. Label the different pieces of armor and what they are for on your activity sheet.

Additional Learning

- Below is a word puzzle and a colouring page, with a challenge to name all of the pieces in the armour of God. Enjoy as you reflect on what you just read about the armour of God and how all we need to do is pray and ask God anytime we need help to fight against the devil; and remember, we can do that anywhere.

Armor Of God

Ephesians 6:10-17

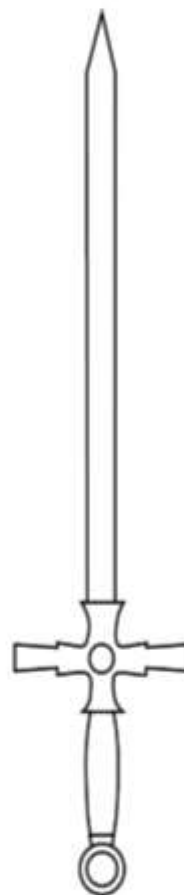
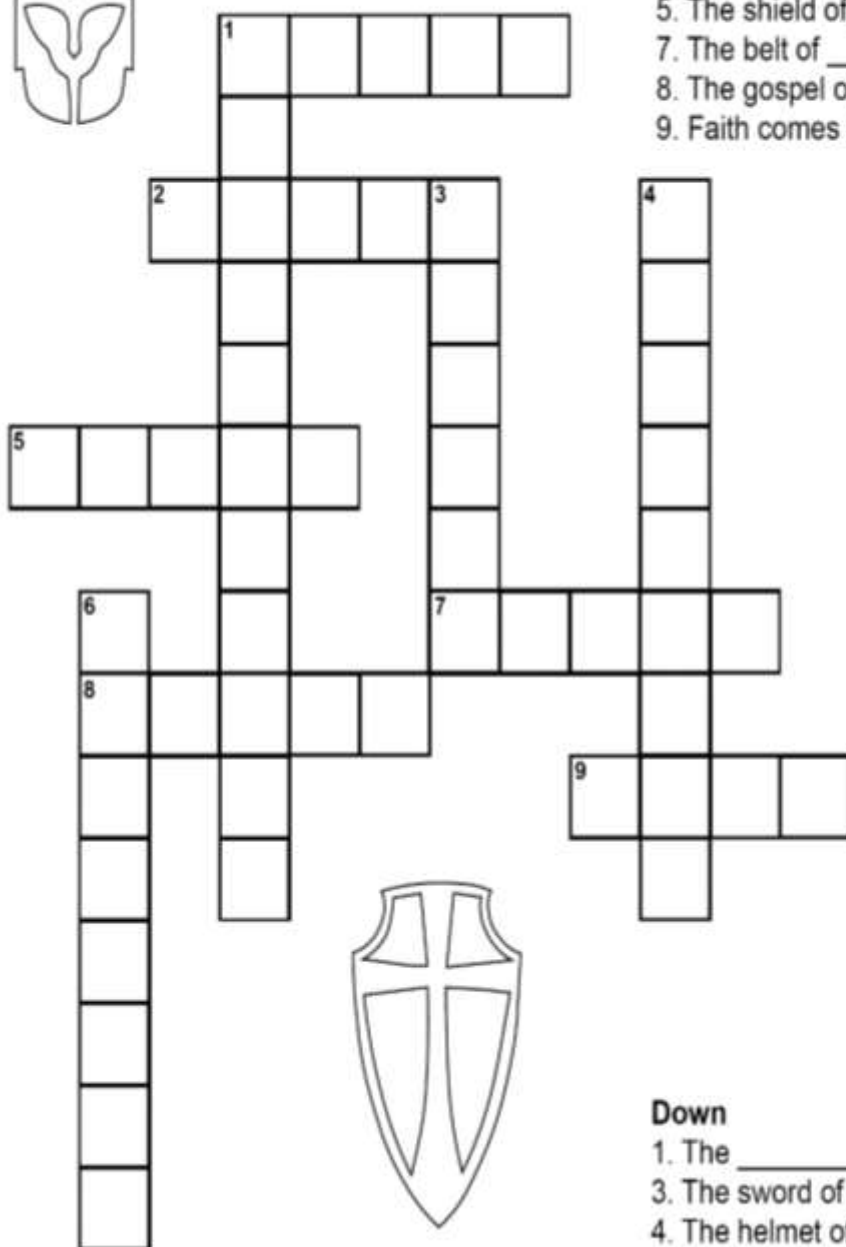


ARMOR OF GOD CROSSWORD



Across

1. Truth is found in the _____.
2. Peace comes when you believe in _____.
5. The shield of _____.
7. The belt of _____.
8. The gospel of _____.
9. Faith comes by hearing God's _____.



Down

1. The _____ of righteousness.
3. The sword of the _____.
4. The helmet of _____.
6. Use the sword by _____ God's Word.

Crossword words:

Bible, Breastplate, Faith, Jesus, Peace, Salvation, Spirit, Spreading, Truth, Word