



In Person & Zoom Community Group Lesson – September 11 & 14, 2022

The 10 Commandments Introduction - Main Point

- To become familiar with the 10 commandments

Scripture

- Exodus 20:1-17 – written below

Prayer Time

- Spend a couple of minutes in praise and prayer to God.

Praise and Worship

- Trust and Obey – Don Moen
<https://www.youtube.com/watch?v=4dh02OnJpIE>
- Revelation Song – Phillips, Craig & Dean
<https://www.youtube.com/watch?v=UEsmUkVSUYA>

Memory Verse

- John 14:15
 - "If you love me, you will keep my commandments."

Review of Last Week

- We just finished studying about our identity and how we are made in the image of God. We are unique, we are chosen and we are Christ's. We are never alone because we are children of God, chosen for a specific purpose. We can praise God because we are fearfully and wonderfully made.

Learning Activity

- Can we guess which phrases are part of the 10 Commandments?
 - You shall not steal
 - You shall not smoke
 - Honour your father and mother
 - You shall not make an idol or bow down to them
 - It is best to tell the truth
 - Do to others as you would have them do to you
 - Do not misuse the name of the Lord
 - You must obey God rather than man

- You shall not give false testimony against your neighbor
- You shouldn't murder
- In God we trust
- You shall have no other gods before me
- Remember to keep the Sabbath day holy
- Be kind to the poor
- You shouldn't commit adultery
- You shall not covet your neighbour's property

Lesson

- What are some rules at your house? Where you work?
 - What are you allowed to do or not allowed to do?
 - Did you know that God has rules too?
- Every time we read the Bible, we get instructions through God on how to behave correctly in our lives. We should never take God's commandments lightly. Therefore, it is important to know what they are.
- God gave us the Ten Commandments to help us understand how we should act towards Him and one another. Breaking some of these commandments is punishable by law, and some are not, such as misusing the name of the Lord. You will not go to jail for that. However, breaking any of God's commandments carries spiritual consequences, such as an unhappy life, or even life without God. The Bible says, "Be careful to do what the Lord your God has commanded you; do not turn aside to the right or to the left. Walk in all the way that the Lord your God has commanded you. So that you may live and prosper and prolong your days in the land that you will possess. (Deuteronomy 5:32, 33).
- Let's read the 10 Commandments passage
 - *And God spoke all these words:*
"I am the LORD your God, who brought you out of Egypt, out of the land of slavery.
"You shall have no other gods before me.
"You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below. You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me, but showing love to a thousand generations of those who love me and keep my commandments.

"You shall not misuse the name of the LORD your God, for the LORD will not hold anyone guiltless who misuses his name.

"Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

"Honor your father and your mother, so that you may live long in the land the LORD your God is giving you.

"You shall not murder.

"You shall not commit adultery.

"You shall not steal.

"You shall not give false testimony against your neighbor.

"You shall not covet your neighbor's house. You shall not covet your neighbor's wife, or his male or female servant, his ox or donkey, or anything that belongs to your neighbor."

Application and Group Discussion

- How many commandments did God give to Moses? (10)
- Why does God give us rules? (to keep us safe and help us have a good life)
- What are the 10 commandments?
 - Have no other gods but God.
 - Do not worship statues.
 - Be careful with God's name.
 - Keep the Sabbath day special.
 - Honor your father and mother.
 - Do not harm others.
 - Keep your promises.
 - Do not steal.
 - Do not lie.
 - Do not covet.
- How many commandments do you remember and try to follow?
- Which commandment do you find the easiest to follow? Why?

- Which commandment do you find the hardest to follow? Why?

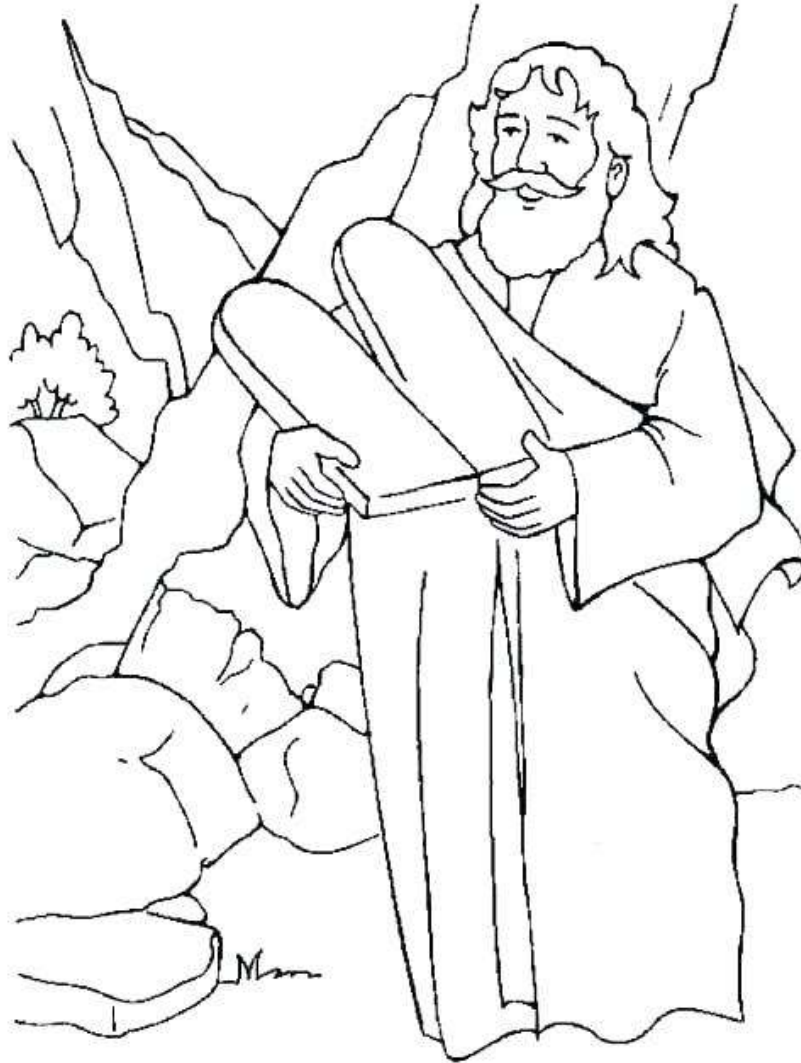
Live it out Challenge

- This week, try to become familiar with the memory verse by reviewing the Bible verse once a day.
- John 14:15
 - "If you love me, you will keep my commandments."

Activity Sheet

The Ten Commandments

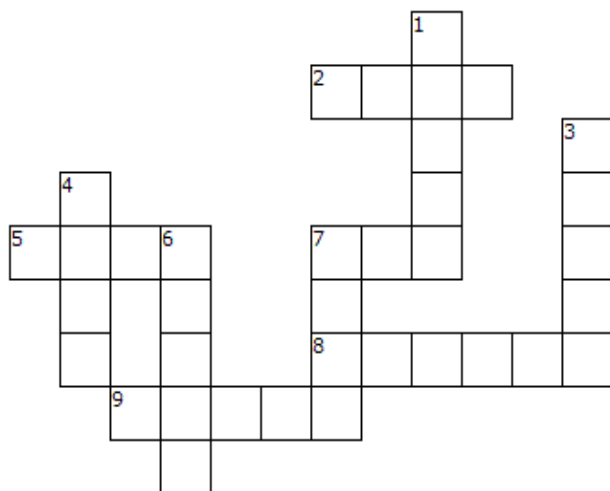
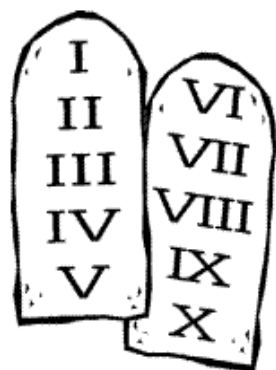
Exodus 20:1-17



The Ten Commandments

And God spoke all these words: "I am the LORD your God, who brought you out of Egypt, out of the land of slavery. "You shall have no other gods before me." Exodus 20:1-3

Based on Exodus 20:1-17 (NIV)



ACROSS

2. You shall not make for yourself an _____. (a false god)
5. You shall have no other _____ before me.
7. You shall _____ commit adultery.
8. You shall not _____. (kill)
9. You shall not give _____ testimony against your neighbor. (untrue)

DOWN

1. You shall not _____. (to want something that belongs to another)
3. _____ your father and your mother.
4. Remember the Sabbath day by keeping it _____.
6. You shall not _____. (to take what does not belong to you)
7. You shall not misuse the _____ of the LORD your God.

FALSE	IDOL	STEAL	HONOR	MURDER
NAME	COVET	HOLY	NOT	GODS