



In Person & Zoom Community Group Lesson – October 23 & 26, 2022

Commandment #6 - Do Not Harm Others

Main Point

- You must not harm others

Scripture

- “You shall not murder.” Exodus 20:13

Prayer Time

- Spend a couple of minutes in praise and prayer to God.

Praise and Worship

- Together – Chris Tomlin
<https://www.youtube.com/watch?v=IOtMqixroVw>

Memory Verse (3 minutes)

- 1 John 5:3
 - “In fact, here is what it means to love God. We love Him by obeying His commands. And His commands are not hard to obey.”

Review of Last Week

- Last week we learned that God wishes for us obey our parents and respect them in order to let them keep us safe and protect us.
- How did you show more honour to your mom, dad, support worker or someone that you spend a lot of time with?

Learning Activity

- On the whiteboard, write down what people think are nice things to do or say to:
 - People they know
 - People they don't know
 - People they really like
 - People they don't really like

Lesson

- God loves us very much and would never want us to feel upset or hurt from the words or actions of others. It is important to obey God's commandments by treating people with love and avoiding saying hurtful words or harming our friends.

- Today's commandment was to not murder, but we want to remember that even though our words and actions won't kill anyone, they can hurt someone so it is important to be careful what we say and do.
- Think about how it hurts when someone says or does something mean to you. Even though they say that they are sorry, and that does help, we will always remember what it felt and there will always be a bit of damage there. We will never be exactly the same.

Application and Group Discussion

- How should I treat those who don't like me? *(the same as my friends)*
- In what ways has God treated you better than you deserve? *(He always provides for us, He blesses us with more than we need, He sent his son to die for us)*
- In what ways can you treat others well and not hurt them with your words or actions? *(Share the best of what I have, let them go first, treat them politely and kindly, help when needed)*
- Who treats us better than anyone else? *(God)*
- Why should we treat others well and not hurt them with our words or actions? *(1) to be like God, 2) to show we are his children, 3) because we were treated well by God, 4) it is God's law)*

Live it out Challenge

- This week, is there someone who you hurt with your words or actions recently? What could you do next time to honour God and show love and kindness? What could you say or do for that person? Write that down on your activity sheet.

Activity



