

After You Have Received Prayer for Healing

“Abiding in the Healing Presence and Power of God!”

Crafted by...

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After you received prayer for healing two questions may have arisen in you:

1. "I was healed in the moment so what now?"
2. "I was not healed in the moment of prayer, what now?"

Healing can be an "in the moment" experience or it can be a "process over time" either way, the healing has begun. This is an important declaration of truth and offers instruction in what to do after prayer for healing.

First, it is important for you to understand the invitation of God through Jesus Christ is to "know Him". Jesus said in John 17:2 "This is eternal life: that they may know you, the only true God, and Jesus Christ, whom you have sent." This life Jesus speaks of is real and abundant for your life now, and it is eternal for the life that is to come for you (John10:10). The relationship between knowing God and experiencing abundant life now and experiencing life eternally is closely linked. This link is found in God's invitation for you to grow in your knowledge and understanding of who He is, His identity. Our faith as followers of Jesus Christ is in the nature and character of God. This is what the Bible means when it says, "And without faith it is impossible to please God, because anyone who comes to Him must believe that He exists and that He rewards those who earnestly seek Him." (Hebrews 11:6) As your trust and confidence in God's nature matures the presence of God in your life will become increasingly stronger. Causing your faith to mature in this way is vital now that you have received prayer for healing.

God wants your trust in Him to mature and for you to persist in trusting. This is the kind of faith spoken of in Hebrews chapter 11:1 where we learn mature faith looks like this - "Now faith is being sure of what we hope for and certain of what we do not see." And again, Hebrews 11:6 where it says, "Without mature and steady faith it is impossible to please God. Everyone who believes God exists seeks Him and lives in confidence knowing He is ready to reward those who earnestly seek Him." The promise of God for you is this, "when you seriously seek Him in prayer, wanting Him more than anything, you will find Him and you will not be disappointed" (Jeremiah 29:12-13).

As your confidence in God's nature grows, not in size but in maturity and persistence, your understanding of how God works matures as well. At the same time, your perspective will shift on how God wants to show up in your - emotional, mental, physical, decision making, relationships and your spiritual life matures in wisdom as you learn to see from God's perspective. This means a shift will occur in how you see your life circumstances, for you will gradually learn to see how God sees, hear as God hears, think as God thinks, say what God says and do what God does. Seeing from His perspective is about seeing His good, pleasing and perfect will clearly as you wait for the healing to become real in your life or watch your life being lived out in your new found state of wholeness.

Second, the question of “what now?” invites a deeper understanding of what is meant by complete healing. Complete healing speaks of our human experience right now in this life and of what our experience in heaven will be like one day. Consider the following:

- 1.) Complete healing involves the healing of the whole of your being in all five domains plus one (5 Domains + 1) – your emotions, your mind and thought life, your body, your will and choices, your relationships; and one more, your spiritual life. This is the teaching of Jesus in Mark 12:30-31 and Matthew 22:37-39 where He spoke of the domains of our being and of our need to be whole in each domain. Loving God with all one’s being has a direct effect on your health in all domains. In view of this teaching, it is vital for you to remember that God has ordained healing in the whole of our lives to come in many ways including divine healing and healing through - medicine, psychology, and counseling and by receiving spiritual direction. It is important therefore that you continue seeking treatment from your doctor or professional caregiver while the healing comes.
- 2.) Complete healing comes to us only when we are freed from the realities of this world in death and come alive to heavenly realities with Christ in heaven. The Bible speaks about heaven in the Book of Revelation 21:3-4, “Now the dwelling of God is with people, and He will live with them. They will be His people, and God Himself will be with them and be their God. He will wipe away every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.” Complete healing, the Bible teaches, will come when God the Father takes you home to be with Him forever.

Third, the healing presence and power of God invites you – 1.) to learn the language of His truth: 2.) to speak it in the moment of need; and 3.) to live in it as a daily experience. The language of God’s truth must be learned if faith is to mature in you. It is truth about the nature of God, His promises and His deeds that arouse ability in us to believe and to keep on believing God for healing. Consider the following declarations of truth – read them out loud affirming them as truth ; meditate on the supporting scriptures allowing the truth of God’s Word to build your trust in God and confidence in His promises:

1. Jesus you are good and loving, beautiful and strong all the time. (Psalm 40; Isaiah 40:27-31; John 15:1-17).
2. Jesus you heal today in this age and want to heal my wounds, hurts, sickness and sorrows. (Isaiah 53:4-6, Psalm 147:3)
3. Jesus you came to proclaim the good news about His kingdom to bring freedom; to release those in bondage to Satan; to heal the sick; to open the eyes of the spiritually blind; to proclaim liberty to those oppressed by injustice; to proclaim the favor of God over people; and move people into ever deepening relationship with God. (Luke 4:18-19 and Isaiah 61)

4. Jesus your healing comes as I release my hurts, painful emotions and fear based memories into your hands. (Philippians 4:6-7; 1 Peter 5:7; Psalm 55:2)
5. Jesus I submit myself to your will aligning my prayers with your purposes so that in all things God will be glorified. (Luke 11:39-46; John 14:12-14)
6. Jesus I believe you want to heal me “right now” and submit to your good, pleasing and perfect will if my healing comes as a “process of waiting”, either way my healing began when I received healing prayer and it continues as I persist in prayer. (Jeremiah 29:12-13; Hebrews 11:1,6)
7. Jesus I believe healing prayer involves persistently “asking, seeking, knocking” for God to glorify Himself through healing the whole of my being and as I pray with gratitude for His healing presence in me. (Luke 11:9-13; Philippians 4:6-7)
8. Jesus I believe complete healing addresses the healing I need in all five domains plus one of my being including my – emotional life, thought life, body, my will and relationships; and my spiritual life.
9. Jesus I believe complete and lasting healing will happen when I leave this world and live in God’s presence in heaven. (Revelation 21:3-4)

Learning to speak the language of His truth is not something you will learn quickly. Like any language learning to speak the language of His truth requires motivation, discipline, study, practice and immersion. Mastering the language will be a life time of learning and over time will result in believing, persistent faith increasingly rising in you. The Word of God promises that as faith arises our prayers become increasingly powerful and effective (James 5:16).

To learn the language of His truth it is important for you to learn to wait in God’s presence.

Listen to the words of Isaiah 40:27-31, written as a pastoral translation:

I believe my life is never hidden from God
 nor does He ignore me when life is not working
 the way I think it should. He is the Everlasting
 Father-God who never tires of me nor
 does He grow weary of helping me, ever.

He understands I will grow tired of trying to
 make life work and weary of its battles.
 He understands I will stumble in my mistakes
 and fall in my sins. Everybody does! As perfect God,
 He does not judge me wagging His finger at me. He
 does however; stand ready to nurture me!

I will remember, as I respond to His invitation
to **wait in His presence** I will slowly, silently and surely
find the roots of my life becoming intertwined and grafted into His.
This waiting and intertwining causes His strength to become mine!

It is His strength and power that will cause me to
soar like an eagle seeing all of my life from His perspective;
to run and not grow weary in the challenges of my daily life; and
to walk and not faint even when life is hard.

So, **I will learn to wait**, knowing that His presence in me
will cause my life to become increasingly good, beautiful and strong!

Fourth, it is virtually impossible for you to sustain believing faith toward your healing **without the help of others**. The scriptures remind us in many places of our need for the support and encouragement of others. Going it alone leaves us vulnerable to the enemy's - attacks, temptations, confusion, doubts, shame, guilt, disappointments and enticements to turn away from God. "The thief" Jesus said, "comes to steal, kill and destroy..." (John 10:10). Being part of a community of believers who understand, speak and live in the language of His truth invites the sustaining presence of God in your life. There is a reason for this, wherever God is present, the scripture demonstrates, there you will experience His promised – peace, purity, power, perspective, protection and on-going provision.

Learning to wait in God's presence with the help and support of others requires meditating on God's Word in order to hear His voice. **This is the single most important habit of your life following prayer for healing**. It is God's Word that helps you to "know God" – trusting in His nature, being confident in His promises for you and living in expectation that He will show up to meet your need.

A final word about what happens after receiving prayer for healing. The following prayer is given as an example of a prayer pattern for you to follow. Get in the habit of praying such a prayer until you are completely healed by God through Christ.

A Daily Prayer of Believing Faith

Jesus! Jesus! Jesus!
I believe.
My soul finds rest in you.
My salvation comes from you.

You alone are my rock and my salvation.
You are my fortress, I will never be shaken.
I trust in you at all times.
I pour out my heart to you for you are my refuge.
Thank you for healing me of _____.
Thank you for your healing presence and power in me.
Jesus, I believe! Thank you!

(*Based on Psalm 62)

Fifth, God's care for you is more than you can ask or imagine and He wants to be your daily guide! The Psalmist prayed, "Show me your ways, O Lord, teach me your paths; guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long." (Psalm 25:4-5). Dwell in these words as you watch for the healing to be completed, wait in God's presence delighting in His tender loving care for you and as you daily walk with Him. Letting God guide you daily will result in hope growing in you.

AN INVITATION ...

Healing prayer is a mystery! We engage in prayer because Jesus did and because Jesus gave us authority to do the same. In one instance Jesus prayed twice for the healing of a man's eyes (Mark 8:22-26). This is true for the ministry of healing prayer among us today. Sometimes several prayer encounters are needed in order for diving healing to set one free.

Should you want to know more about healing prayer OR receive healing prayer again please contact Pastor Jacob George at Jacob.george@cschurch.ca