

Path Less Travelled By ...
Pastor Kervin Raugust
Lord Teach us to Pray
“Delight yourself in the Lord”
Psalm 37:4

There is an important question that comes to mind when thinking of the word DELIGHT. The question is this, **“What does it take to delight in someone to the exclusion of all others?”** This is a question requiring careful thought. Our response may at first be focused on what a person says or does for me. It might even be focused on what a person does to me when in their presence. But there is another level of thinking this question demands IF we are to understand what it means to delight in the Lord.

Delighting in another person to the exclusion of all others is possible only when we understand the heart of the other. Judging someone as having a good heart immediately disallows us from thinking or believing that person would ever think, say or do anything that would be opposite of their heart. While they may actually think, say or do something opposite to their heart our response when hearing or seeing this “opposite” is to extend grace. Extending grace is about denying the thought the person intentionally acted in a way opposite to their heart! It is about remembering human beings make mistakes and are vulnerable to sinful thoughts, words and behaviors and therefore we extend mercy to the one whose heart we know and trust.

David, author of Psalm 37, speaks of delighting in the Lord. His invitation is to delight in His “heart” or His nature. His nature is not like ours as spoken of above. The nature of the Lord does not allow Him to think, say or do anything opposite to His heart. His heart we read in Psalm 118:1 is entirely good and loving all the time. In this we delight!

“Delight yourself in the Lord...” (Psalm 37:4) is the starting place for the one who wants to be effective in prayer. Here is why:

1. To delight is to enjoy God for the sole purpose of delighting in who He is NOT for what He can do for us, in us or through us but purely for whom He is. This pleases God immensely!
2. To delight in God is to cause the eyes of our heart to see what we do not naturally see. Seeing God changes our being!
3. To delight we must resist lies about Him. The truth is God is entirely and purely good!
4. To delight requires us to experience God daily. Experiencing God is about spending time with Him learning from Him and about Him as the ways of His heart appear and the paths of His Spirit become apparent.

The Path Less Travelled by...

The path less travelled by is the path that leads us to delight in the Lord before we petition Him for anything!

*An inductive study of Psalm 37 will reveal a long list of qualities that characterize the heart of God and which give us reason to delight in Him. Watch for all the reasons given in the Psalm as to why you should “fret not”. Take note of all the Lord delights in doing - in us, for us, through us!