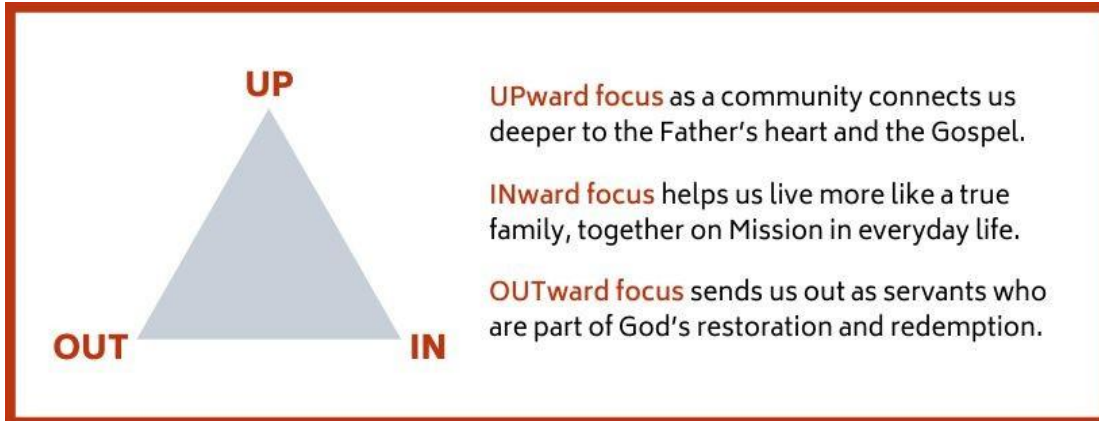


## Living as Jesus Lived During this Crisis... and Every Day!

Jesus lived life consistently connected to his Father, his disciples, and with those who were outside of his immediate circle in community. He never wavered.

He lived with an UPward focus on his Father, an INward focus with his community, and an OUTward focus toward others. We can have these same 3 priorities & focus.



During these times of “social distancing” we can still maintain these three priorities as we seek to actually *increase* our connection with others and build new relationships.

Below are some ideas and the technology you might need to get started... pick one or two from each of the 3 focus points (UP-IN-OUT), adjust them for your context, and get started today!

### Tech to help facilitate some of these things and stay connected:

[Zoom.us](https://zoom.us) – A video conferencing site that works great for group interactions. Great quality!

For assistance in setting up Zoom, see these links:

[How to Set Up an Online Meeting \(Computer or Laptop\)](#)

[How to Set Up an Online Meeting \(On Your Mobile Device\)](#)

[Webex.com](https://webex.com) – Unlimited time for video conferences.

If you are using other video conferencing sites/platforms, feel free to do that as well.

### Additional Resources

[Guidelines for Running an Online Meeting](#) – Some guidelines that your Community Pastors have listed on making your online group meetings run smoothly and effectively.

## **UPward Focus to keep connected to the Father and growing in the Gospel**

- Online gatherings for your group
- Daily Devotionals online at a set time each day, perhaps Mon-Fri mornings. Check out CSC's website for their [Daily Reflections](#).
- Daily Prayer online at a set time each day for your group. See last week's [Thursday prayer](#) with Pastor Travis to help your group on where to start.
- Online Bible Study and discussions (video, email, text)
- Neighborhood Prayer Walk within appropriate social distancing guidelines, share needs you see with others in community
- Worship Nights in small groups in home (10 or less) or online together

## **INward Focus to help you connect deeply as a family and community**

- Normal meal, dinner party or happy hour together with everyone online
- Game Night over video, games like Charades, Pictionary, Scattergories
- High/Low/Buffalo - Share best/worst/craziest part of your day over video
- Check in on \$ needs in the community and BE good Family, meet needs!
- Bless others in Word, Action or Gift - ie. Encouraging calls, send Amazon gift card, Run an errand for someone stuck inside
- What'sApp or other messaging apps to stay in touch throughout day, prayer requests, normal daily funny stuff to feel more connected to what's going on daily in community
- Online Group Leader training and encouragement not to hide
- Story time for kids on Zoom or Group Facetime
- Throw online birthday parties... don't skip them!

## **OUTward Focus to help reach out, connect & include others in meaningful ways**

- Invite People of Peace into any "IN" activities that are not overly "spiritual" or too "insider" for them to understand or enjoy
- Neighborhood Game Night charades, pictionary etc. in small group or online
- Story time for neighborhood kids (or your small group kids) online together
- Keep ears open to financial needs in neighborhood, apartment building, local businesses. Spend money at any business still open, tip really well!